



## Lesson 8

# How Do I Pray?

"You will overcome all difficulties if you but give yourself to prayer." **Archibald Brown**

Why do you think prayer is important? What are some reasons people don't pray?

### 1. Know What Prayer \_\_\_\_\_.

Mark 9:29; Luke 19:46; Acts 1:14; Romans 12:12; Ephesians 6:18; Philippians 4:6; and 1 Peter 4:7

Matthew \_\_\_\_\_

How does viewing prayer as a relational activity change one's perspective on prayer? How might such a perspective encourage one to pray more regularly?

### 2. Make \_\_\_\_\_ for Prayer in Your Life.

Matthew \_\_\_\_\_

1 Timothy \_\_\_\_\_

What priorities sometimes prevent you from praying? Is there anything you could remove from your life to make room for conversation with God?

### 3. Know What to \_\_\_\_\_.

1 Timothy \_\_\_\_\_

Matthew \_\_\_\_\_

What type of outline or list have you used in the past to guide your times of prayer? What are some potential outlines or lists you could use?

### Follow Me Challenges

**PERSONAL:** Identify a time and place for your prayer time this week. Ask folks on your "My 5" list for prayer requests.

**PUBLIC:** Host and invite folks to a Backyard BBQ. More information can be found at [tabernaclebaptist.org/events](http://tabernaclebaptist.org/events).

**PRAYER:** Using what you'll learn about prayer in this lesson, pray for:

- The people on your "My 5" list
- your church
- your church staff
- your family
- our mission families
- your witness