



Lesson 6

Who is the Bible?

Tips for Family Discipleship

- Adapt this content to meet the needs of your family
- Focus on Jesus
- Be a guide, not a general
- Feed your own growth
- Share personal stories/testimonies
- Pray with your child and for your child

Families of younger children may want to focus on Point #1, The Bible comes from God. Find one of your child's favorite books to read. Explain what an author is and point out the name of the author on the cover of the book. Discuss whether or not the book is about something real or make believe. Next, show your child your personal Bible. Explain that the Bible was written by God and is completely true. Nothing in it is make believe, even though some of the stories are amazing. Then, find a Bible story to read with your child, such as the Creation (Genesis 1) or Jesus walking on water (Matthew 14:22-33).

Introduction

From the beginning of time, God has spoken. He spoke and the world was created. After making man and woman, He spoke to them. And God speaks to us through His Word, the Bible.

SUPPLIES NEEDED: An item in your house that is easily damaged and very special, such as a crystal vase or something a child would not normally be allowed to hold.

ACTIVITY: Explain to your child how special this item is and why it is special. Explain how carefully you must hold it and use it so that it doesn't get broken.

DISCUSS: Just like this item is very special and must be handled carefully, God's Word is special and must be handled carefully. We want to treat the physical Bible carefully by not tossing it around carelessly, tearing its pages, or scribbling on its pages. We also want to approach the learning of God's Word carefully.

PRAY: Help us to learn more about You and Your Word today, Father God.



To be spiritually strong, we must have a great respect for God's Word. To follow Jesus well, we must be committed to reading, listening, and learning from His Word. A strong view of God's Word will result in a strong walk with Jesus.

In this lesson, we will examine five important truths about the Bible.

Point #1 – The Bible Comes From God.

The Bible is a book unlike any other book. The Bible has been given to us by God Himself.



**OPEN YOUR
BIBLE**

READ 2 Timothy 3:16

Have your child
find the word
“inspired.”

In this verse, the word translated “inspired” literally means “God breathed.” It helps us understand that Scripture comes from the very mouth of God.

Parents, find one of your child’s favorite books to read. Discuss whether or not your child will love this book when they are an adult. Or will they grow to love another book? Then hold up the Bible. The Bible is a book for all ages because God gave it to us and wants us to use it to follow Him.



**OBJECT
LESSON**

Point #2 – God Used People to Write Down His Words. *(please note: this point is different than in the adult lesson)*

Here are some facts about how the Bible was written:

- God used about 40 different people to write down His Words.
- The people God used to write down His Words didn’t all live at the same time. Their lives were spread out over approximately 1,500 years.
- The Bible was written using three different languages (Hebrew, Aramaic, and Greek).
- God used different styles of writing, including history, poetry, letters, songs, plus more!
- Even though God used all these people writing over that much time, in different languages, and in different styles - the Bible has a unified message. The entire Bible tells the same big story of redemption through Jesus.



**Stuff to
Talk About**

When a package is delivered to your house, do you think that the delivery person is the one responsible for the package? (Of course not!) In the same way, God used the “writers” of the Bible to deliver His message so that you and I could follow Him. How can our perspective change when we realize and remember that the Bible contains the words of God?

Point #3 – The Bible Can Change You.

The Bible is unlike any other book because it is full of God’s power to change you and to help you grow in your faith. The more you read the Bible, the more you can change. The change is not on the outside, but the change is on the inside in our attitude and desire to obey God’s commands.

No matter how old you are or how many times you have read the Bible, God’s Word can help you. Because it is “alive and effective,” it always has the power to transform.



**OPEN YOUR
BIBLE**

READ Hebrews 4:12

Have your child
find the phrase
“living and effective.”

Point #4 – The Bible Needs to be Consumed.

God uses food as a metaphor for our relationship with His Word. We need food and we need it daily, just like God's Word. Many believers snack on God's Word instead of feasting on it.



Give your child something healthy to eat. Will that food help your child grow? Yes, why? In the same way, a person who believes in the Lord and follows Jesus needs to grow in his/her faith by feeding his/her faith with God's Word.

How do you go about making the Bible a part of your daily life? Do you snack or do you feast on God's Word. Do you need to start a habit of consuming God's Word on a regular basis?

**Stuff to
Talk About**



Even though your child may not understand everything he/she reads in the Bible, it is very important to develop the habit of Bible reading at an early age. God's Word is for all. God's Word is for now. God's Word is for you and your child.

CLOSE IN PRAYER

Follow Me Challenges

PERSONAL: Identify 2 areas of service in the church where God could use you?

PUBLIC: Participate in, invite folks to, or host a Backyard BBQ. More information can be found at tabernaclebaptist.org/events.

PRAYER: Pray for...

- The people on your "My 5" list to get involved in church.
- Pray for the worship services on your own or join the War Room team Sunday mornings (for more info go to tabernaclebaptist.org/prayer).
- Pray for Merge Weekend (Fri 4.23 - Sat 4.23)