



Lesson 4

Who Is Jesus?

Tips for Family Discipleship

- Adapt this content to meet the needs of your family
- Focus on Jesus
- Be a guide, not a general
- Feed your own growth
- Share personal stories/testimonies
- Pray with your child and for your child

Families of younger children may want to focus on Point #4: "Jesus invites us to a relationship." To adapt for younger children, discuss how Jesus wants to be your child's friend. (Have your child name some of his/her friends.) When we have a friend, we spend time with them and talk to them. We should do the same thing with Jesus! We can spend time with Jesus by reading the Bible. (Show your Bible to your child or hold up a story Bible.) We can talk to Jesus by praying. (Hold up your cell phone. Explain that we don't need a phone to talk to Jesus.) The more time you spend talking to Jesus, the better friends you'll be.

SUPPLIES NEEDED: Ball (or something to toss) and music that you can stop & start (optional).

ACTIVITY: Toss the ball from family member to family member as the music plays. When the music stops, the person holding the ball should say a word or two describing Jesus (example: holy, Savior, my friend, did miracles, etc.).

DISCUSS: Is it easy or hard to describe Jesus? Do you know everything there is to know about Jesus? How can you learn more about Him?

PRAY: Jesus, help us learn more about You and grow closer to You today.



Jesus is at the center of the Christian faith. To follow Jesus well, we must have a clear understanding of who He is. In this lesson, we will become more familiar with His nature by focusing on five important truths about our Lord.

Point #1 – JESUS WAS MORE THAN A MAN

Jesus is special. There is no one like Him. While on Earth, Jesus was more than a just religious teacher, spiritual leader, or moral example. He was fully man and fully God. He was the Son of God, and He remains the Son of God to this day.

The miracles of Jesus confirmed His special nature. Jesus showed that He had power over sickness (Mark 2:1-12), power over creation (Mark 4:35-41), and power over the spirit world (Mark 5:1-20). He also demonstrated that He could spiritually nourish us (Mark 6:30-44), as well as give us life (John 11:1-44).

Not only did Jesus perform miracles, but God confirmed that Jesus was more than just a man after His baptism (Mark 1:11) and again when Jesus was transfigured on the mountain (Mark 9:7).



There is an older VBS song (from Agency D3 VBS) that emphasizes this point. Go to YouTube and search "VBS More Than Just a Good Man" and have fun worshipping Jesus with this fun song!

Point #2 – JESUS TOOK CARE OF OUR BIGGEST PROBLEM

Before time began, Jesus was God's plan for providing salvation for man and woman. What do we need to be saved from? We all need to be saved from our sin (which is any of things we say, think, or do that break God's laws.) Sin separates us from God.

As the Lamb of God, Jesus paid the price for our sins. He paid the penalty that our sin deserves. Through Jesus, we are no longer separated from God.



Point #3 – JESUS IS STILL ALIVE

Jesus lived on the earth for only thirty-three years. During His ministry, He told His disciples several times that it was necessary for Him to go away. Jesus' death on the cross was not the cause of His departure. Though He died, He was raised to life and then spent forty days on Earth with His disciples. His actual departure did not occur until He ascended into heaven.

Because Jesus left Earth and ascended into heaven, we have the promise that Jesus resides within the souls of believers through the presence of the Holy Spirit. This truth should bring us great comfort! Because we have the Holy Spirit within us, we are never alone.



What would it have been like to watch Jesus ascend into heaven? What feelings might you have experienced?

After reading Acts 1:9-10, draw a picture of what you think Jesus looked like ascending into heaven.



Point #4 – JESUS INVITES US TO A RELATIONSHIP

To really follow Jesus, we must understand that He has called us to have a close relationship (friendship) with Him. To do that, we have to engage in two activities that are basic to every relationship - talking and listening. When we pray, we are talking to Jesus. When we study His Word, we are listening.



Throw a ball back and forth. Explain to your child that a relationship with people involves two components: 1) listening/receiving (have your child catch the ball) and 2) talking/sharing (have your child throw the ball). A relationship with God is no different. We have to listen and learn about God by studying His Word. We also need to talk to God through prayer and share our deepest thoughts and concerns with Him.

Stuff to Talk About

Do you have a set time when you talk and listen to God? When is that? If you don't have a set time, discuss when your child (and you) can carve out special time to talk to God through prayer and listen to God through Bible study. As with all relationships, the more frequently you talk and listen, the closer you get.

Point #5 – JESUS IS COMING AGAIN

The return of Christ is an important topic! It provides great hope for Christians. Though our world has a lot of confusion and pain, deliverance is coming! Jesus was victorious over sin and Satan at the cross. When Jesus returns to earth, sin and Satan will be completely defeated.

God gave us information about what will happen at the end of our world because He knew we needed hope to endure. Although we may not know every detail of what will happen, we do know that Jesus wins! When life gets overwhelming or sad, look forward to the day when all things will be made new!

Have you ever said, "I hope I get an 'A' on that test?" or "I hope I get that toy for my birthday?" What's the difference between that kind of hope and Christian hope? Worldly hope isn't true hope; it's based off of uncertainty. By contrast, Christian hope is based on certainty. We can trust that Jesus will return to Earth, because He said He would! That's true hope!

Stuff to Talk About

Society would like to diminish Jesus. It is important for all believers to understand that Jesus was fully (100%) man and fully (100%) God. Because Jesus is both man and God, He was able to perfectly pay the price for our sin. Not only that, but Jesus is alive. He conquered sin and death. He desires an intimate relationship with you and with me. Believers can find hope in knowing that Jesus will come again and we will get to spend eternity with Him. That's good stuff to share with your child!

CLOSE IN PRAYER

Follow Me Challenges

PERSONAL: Follow up with those on your "My 5 List" who attended the Easter service. Ask them about their experience.

PUBLIC: Participate in, invite folks to, or host a Backyard BBQ. More information can be found at tabernaclebaptist.org/events.

PRAYER: Pray for...

- the people on your "My 5 List" to be receptive to the gospel.
- TBC Backyard BBQs.